

# Addressing the Connection Between Mental Health & Chronic Pain to Improve Patient Outcomes

## **Addressing the Connection Between Mental Health & Chronic Pain to Improve Patient Outcomes**

**Wednesday, June 17, 2020**

**2:00 pm ET / 11:00 am PT**

The mental health effects of the COVID-19 pandemic are as essential to address as the physical health effects. As the number of COVID-19 cases increases, so does the associated anxiety and stress. The health challenges presented to individuals with a mental health condition during COVID-19 are only exacerbated for those who are also living with chronic pain. But all too often, we don't talk about mental health and chronic pain in the same conversations.

*For those who are unable to attend, the webinar recording and slides will be available on Mental Health America's (MHA's) [Webinar page](#).*

### **Meet the Presenters:**

**Maddy Reinert**, MPH, Mental Health America

**Gretchen Clark Wartman**, Vice President for Policy and Program, the National Minority Quality Forum

**Monica Mallampalli**, PhD, MSc., HealthyWomen

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