

Appendix C - Mental Health Education Chart

KEY: **Yes** – Bill signed into law | **Tracking** – Bill introduced but not yet passed | **Standards and Regulation** – State administrative requirements are in place

| State | Mental Health Education Leg. | Notes | Current Legislative Session Status (AS OF 6/21/21) |
|---------------|------------------------------|--|--|
| Illinois | | | Adjourned |
| Indiana | | | Adjourned |
| Iowa | | | Adjourned |
| Kansas | | | Adjourned |
| Kentucky | Regulation | 704 KAR 8:030 is a regulation that created required academic standards for health education which include mental health | Adjourned |
| Louisiana | | | Adjourned |
| Maine | Yes | Requires k-12 health education to include mental health and the relationship between physical and mental health, as well as reducing the stigma around mental illness. | Adjourned |
| Maryland | Standards | | Adjourned |
| Massachusetts | Tracking H.2084 | | In Regular Session |
| Michigan | | | In Regular Session |
| Minnesota | Yes; Not Mandatory | This statute is simply an "encouragement"; it does, however, require that the school commissioner release mental health education materials, including model curricula, every two years for schools to use if they so choose. | In Special Session |
| Mississippi | Standards | | Adjourned |
| Missouri | Pilot Program | Missouri passed a bill establishing a pilot program to provide social and emotional health education in elementary schools (starting 2020). | Adjourned |
| Montana | | | Adjourned |
| Nebraska | | | Adjourned |
| Nevada | Yes | Among other crisis and suicide prevention requirements, this bill requires a course in health to include instruction concerning mental health, and specifies consequences for public and private schools who fail to adopt this policy. | Adjourned |
| New Hampshire | Regulation | A regulation was adopted in which it is stated that mandatory health education standards are supposed to include mental health, though it is not specified in the standards themselves. | In Regular Session |
| New Jersey | Yes | Requires public k-12 health education to include mental health. | In Regular Session |
| New Mexico | Standards | Grades 9-12 only; health ed is a graduation requirement, BRIEFLY addresses mental health in standards | Adjourned |
| New York | Yes | This bill added the following text to their existing laws on health and drug/alcohol education: "All schools under the jurisdiction of the department shall ensure that health education programs recognize the multiple dimensions of health by including mental health and the relation of physical and mental health so as to enhance student understanding, attitudes and behaviors that promote health, well-being and human dignity." This bill calls on school districts to ensure that their health education programs recognize the multiple dimensions of health by including mental health and the relation between mental and physical health in health education" | Adjourned |