SCHOOL SAFETY & CRISIS LINE SERVICES
WHERE THERE IS HELP, THERE IS HOPE

REPRESENTATIVE STEVE ELIASON
UTAH HOUSE OF REPRESENTATIVES
• In 2017 monthly chats averaged about 680.
• In 2017 monthly tips averaged about 415.

• Death by suicide is the leading cause of death for 10-18 year olds in Utah.
• YTD thru May 2017 there were 25 deaths by suicide for youth 10-18. The most ever!
• A new and much improved app was launched in July 2017, which will be owned by the State of Utah. The back end is managed by the neuropsychiatric institute at the University of Utah.
SAFE UT APP

Select Your Current Status

- Primary Education Student (K-12)
  Elementary, Middle, Junior, High School, Charter
- Higher Education Student
  University, College, Technical
- Parent/Guardian
  of a Utah School Student
SAFE UT APP

Select Your School

Search

A

Academy for Math, Engineering and Science
Salt Lake City

ACHI Harris Intermediate
Tremonton

ACYI Young Intermediate
Brigham City

Adams Elementary
Layton

Adelaide Elementary
Bountiful

Albert R. Lyman Middle School
Blanding

Albion Middle School
Sandy

Alta High School
Sandy

Alta View Elementary
Sandy

Altara Elementary
Sandy

Amelia Earhart Elementary
Provo
SAFE UT APP

- Start a Chat with a crisis counselor
- Submit a Tip to your school
- Start a Call with a crisis counselor
- View Existing chats and tips
SAFE UT APP

If this is an emergency or a crime in progress, please call 911.

Event Category

A
Abuse
Alcohol
Anger Issues
Animal Cruelty
Assault

B
Bullying

C
Child Abuse
Crime
Crisis
Cutting
Cyber-bullying

D
Dating Violence
SAFE UT APP

Tip Summary

Highland Jr. High School

Category
Guns

Information
John Doe brought a gun to school today.

Person(s) Involved
Just John.

Date and Time
This morning.

Location
Alta, Utah 84111

Others with Knowledge
Jane Doe.

Back Submit
SAFE UT APP

Start a Chat with a crisis counselor
Submit a Tip to your school
Start a Call with a crisis counselor
View Existing chats and tips
SAFE UT APP

If this is an emergency or a crime in progress, please call 911.

I am thinking about hurting myself and I really need to talk to someone!

Thu, June 29, 4:11 PM

Thank you for reaching out through SafeUT. We will be right with you.

Thu, June 29, 4:11 PM
SAFE UT APP

- **Start a Chat** with a crisis counselor
- **Submit a Tip** to your school
- **Start a Call** with a crisis counselor
- **View Existing chats and tips**
HOW FAR WE HAVE COME

Chats
Tips
CHATS BY SUBJECT

- Suicidal Thoughts
- Stress
- Family Issues
- Depression
- Friend Issues
- Self-Harm
- Anxiety
- Relationship Issues
- Bullying
- Mental Health
- School Problems
- LGBTQ Issues
- Substance Abuse
- Sexual Abuse
- Physical Abuse
- Eating Disorders
- Health Issues
- Religion/Spirituality
- Domestic Violence
- Sexting
# November 2017 Activity

<table>
<thead>
<tr>
<th>Topic</th>
<th>Count</th>
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<tbody>
<tr>
<td>Crisis Chats</td>
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<tr>
<td>Suicide</td>
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<tr>
<td>Bullying</td>
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<tr>
<td>Depression</td>
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<td>Drugs</td>
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<tr>
<td>Cutting</td>
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<tr>
<td>Other</td>
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<td>Sexting</td>
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<tr>
<td>Abuse</td>
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<td>Cyber-Bullying</td>
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<td>Harassment</td>
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<tr>
<td>Mental Health</td>
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<td>School Compliant</td>
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<td>Sexual Misconduct</td>
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<td>Smoking</td>
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<td>Ditching</td>
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<td>Dating Violence</td>
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<td>Assault</td>
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<td>Eating Disorder</td>
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<tr>
<td>Guns</td>
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<td>Fighting</td>
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<td>Child Abuse</td>
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<td>Unsafe Driving</td>
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<td>Anger Issues</td>
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<td>Crime</td>
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<td>Gangs</td>
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<td>Planned School Attack</td>
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<td>Test Tip</td>
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<tr>
<td>Animal Cruelty</td>
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<tr>
<td>Fire Starting</td>
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<td>Violence, Planned Fight</td>
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<tr>
<td>Weapons, Exolosives</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>1,964</strong></td>
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INTERRUPTIONS

• The day that SAFE UT was rolled out at an assembly at a high school a student was planning to take her life. She used the app after the assembly to report her plan. The School Resource Officer found her and helped save her.
INTERVENTIONS

• A student used the SafeUT app to call the Crisis Line

• The student was thinking about walking into traffic

• A crisis worker was able to contact local PD and the school who worked together to locate the student and ensure the student’s safety
INTERVENTIONS

• A school had an assembly where they reminded students about SafeUT

• A student, who had taken an overdose of drugs, sent a tip about what she had done. EMS was dispatched as the girl fell ill and she was taken to the hospital.
INTERVENTIONS

• A principal was contacted one evening at home about a tip from a student regarding her friend that had a suicide plan. The parents were contacted and the student was located and taken to the hospital.
INTerventions

• A young man promised a church leader to use the app if he thought about hurting himself. Months later he climbed a high cliff and just before jumping he decided to send his mother a final text. He saw the app on his phone, remembered his promise and used the app. He was talked off the edge and another life was saved.
Fantastic

★★★★★ by Gamer #2

This is an actually good piece of software. It's great to find such great advice when you're having problems with a lot of mental illness. My friend used this and got help that actually worked for her dermatillomania. She has been suffering with it for 8 years and this is the best advice she's ever had. Despite people not treating this seriously, this is very wonderful. Thank you, so much.
Thank you for caring.  
★★★★★ by Charliebrown178974
This app makes an already hard conversation all the less so. I'm glad that there are people willing to put in the effort and time to try and help.

Saves my life  
★★★★★ by Twentyøne Piløts forever
I'm so grateful for the people who actually care for those who have mental illnesses. Unlike all of the other stupid and uncaring reviews, I actually love this app so much.

A very important tool.  
★★★★★ by ShWhFan
One of the best things about modern technology is the accessibility of apps like this. Such a valuable idea that hopefully more people put to use.
This app and the people on it(one in part... May 18

★★★★☆ by RSTAR7824

They are here to help, and even save lives.

My name is Dallin, about three months ago I was in the worst state of mind in my entire life. My life(in my mind) was over. Called the suicide hotline multiple times, most were good, but it doesn't compare to this app.

I had no one I could talk to, except the amazing people on this app. When things got severe I told "B" that i'm going to kill myself, he said to call the hotline so i could talk to him personally.

This app saves lives.