ACCESS TO BEHAVIORAL HEALTH SERVICES IN THE COMMUNITY

Prevention And Early Intervention
BRAD’S STORY

AGE 4
Behaviors
Parent Therapy
Child Neurologist
Early Diagnosis – Bipolar/ADHD
Medication

AGE 5
Child Psychologist
Child Psychiatrist

AGE 6
School Problems
First Suicide Attempt/Hospitalization
No education on programs to help.
Parent Found Resources

- Child and Adolescent Bipolar Foundation
- Families Together – School Issues
- NAMI Family to Family
- Mental Health Association South Central KS
- Community Mental Health Center
- SED Waiver
- Parent Support and Wrap Around Services
- NIH
- Keys For Networking
- Federation of Families For Children's Mental Health
- Sensory Occupational Therapy
Barriers to accessing resources and service limitations

- PCP’s and some Psychiatrists, Social Worker, Psychologists, Schools aren’t aware of services and programs.
- Service limitations in some area’s such as rural and frontier.
- Cultural Barriers and Stigma
- We have gotten better overcoming some of these but we have a way to go.
Brad’s Journey

- 7 Hospitalizations from 6yrs. To 9yrs.
- School Suspensions
- Kicked out of MH programs for behaviors.
- Told by providers when he was 8 he would end up in a group home or Jail.
- Unacceptable
Wraparound and Advocacy

- Services were wrapped around the family within the Mental Health Association, school and in the community.

- Engaged in Advocacy including parent and child testifying before Legislature about programs needed to promote recovery.
Early Intervention = Success

- Brad was the 1st youth appointed to the GMHPC and had input in to the states block grant.
- Developed Power Point on Stigma and presented statewide and nationally.
- Youth Leader in the state wide youth leadership program.
- Youth Move Board Member
National Awards

- Federation of Families Celebration of Youth Award
- Mental Health America Empower Award
What are some of other early intervention and prevention services used now to keep more youth on the outside of bars and group homes?

- Family and Consumer Run Networks
- Systems of Care
- Suicide Prevention Programs
- Healthy Students/Safe Schools
- Violence Prevention
- Pathways
- Bullying
- Substance Abuse
- Early Childhood and Trauma

Most of these services are provided through Federal Funding with SAHMSA, HHS, and CDC. This funding is critical and is often in jeopardy of being cut.
For Adults

- State Wide Consumer Networks
- Certified Peer Mentoring Programs
- Trauma Informed Care
- Substance Abuse
- WRAP
- Common Ground

Are just a few examples....
Affordable Care Act

- Will allow for Depression and Alcohol Screenings for Adolescents and Adults at no cost. This is an important step towards getting treatment.

- Hopefully as the US Preventive Services Task Force identifies more early intervention and prevention services they can be provided at no cost as well.
Whole Health and Wellness

- Optumhealth Behavioral Solutions Live Your Life Well and Recovery Focused Value Added Programs
- Medical Model Homes
- Navigators
- Bridging gaps between physical and mental health.
Mental Health America and Affiliates

- Provide Upstream Services in some areas, and always provide information and support for those in the community.

- You can call the National Office if you would like to find an Affiliate in your area. **Toll free** (800) 969-6642